

Menu A	Item 1	Item 2	Item 3	Tea Dessert
Monday	Breadsticks (G) with Soft Cheese (D)	Roast Chicken Slices	Cherry Tomato (T)	Oaty Fruit Crunch (G) (SD)
Tuesday	Homemade BBQ Vegetable Wholemeal Pizza Fingers (D) (G) (T)	Rainbow Couscous & Quinoa Three Bean Salad (G) (PU)	Cucumber Slices	Apple Danish Pastry (G) (SD)
Wednesday	Grated Cheese & Carrot Sub Roll (D) (G)	Hard Boiled Free Range Egg Wedges (E)	Sweetcorn, Diced Pepper & Cucumber	Orange Slices
Thursday	Chicken & Red Pesto Pasta Salad (G) (T)	Cheese & Cauliflower Cookie (D) (G)	Carrot Batons	Melon Slices
Friday	Free Range Egg Mayonnaise & Cress Wholemeal Roll (E) (G)	Speldhurst Pork & Beef Sliced Sausage (G) (SD)	Cucumber Slices	Apricot Yoghurt (D)

Menu B	Item 1	Item 2	Item 3	Tea Dessert
Monday	Homemade Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)	Roast Chicken Slices	Cherry Tomato (T)	Peach & Mango Fromage Frais (D)
Tuesday	Roast Ham Sub Roll (G)	Creamy Butternut, Rosemary & Kale Pasta Salad (D) (G)	Sweetcorn, Diced Pepper & Cucumber	Beetroot, Cocoa & Chickpea Brownie (PU)
Wednesday	Savoury Cheese & Tomato Danish Pastry (D) (G) (T)	Hard Boiled Free Range Egg Wedges (E)	Carrot Batons	Orange Slices
Thursday	Chicken & Mayonnaise White Roll (E) (G)	Cheese Cubes (D)	Cherry Tomato (T)	Melon Slices
Friday	Carrot & Orange Houmous (PU) with Wholewheat Crackers (G)	Speldhurst Pork & Beef Sliced Sausage (G) (SD)	Cucumber Slices	Banana Cookie (D) (E) (G) (SD)

Menu C	Item 1	Item 2	Item 3	Tea Dessert
Monday	Grated Cheese Sub Roll (D) (G)	Roast Chicken Slices	Sweetcorn & Diced Pepper	Carrot & Mixed Spiced Cookie (D) (E) (G) (SD)
Tuesday	Oven Baked Tomato, Polenta & Cheese Scone (D) (G) (T) with Flora Portion (D)	Cheese Cubes (D)	Carrot Batons	Apricots & Peaches
Wednesday	Cheese & Chive Dip (D) with Bread Sticks (G)	Tomato, Pea & Basil Pasta Salad (G) (PU) (T)	Cucumber Slices	Apple & Cinnamon Flapjack (G)
Thursday	Dolphin Friendly Tuna Mayonnaise Brown Roll (E) (F) (G)	Speldhurst Pork & Beef Sliced Sausage (G) (SD)	Sweetcorn & Diced Pepper	Black Cherry Fromage Frais (D)
Friday	Mini Wholewheat Crackers (G) with Soft Cheese (D)	Roast Chicken Slices	Cherry Tomato (T)	Strawberry & Pear Jelly

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato
 All of these dishes are free from peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs.

AFTERNOON TEA MENU

Spring/Summer 2021

Vegetarian	Vegan	Tomato	Suphites	Soya	Pulse/Beans	Pork	Halal	Gluten	Fish	Egg	Dairy	Citric Acid	Celery	Beef
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	Cucumber Slices														
	Apple Danish Pastry														
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	Hard Boiled Free Range Egg Wedges														
	Sweetcorn, Diced Pepper & Cucumber														
	Orange Slices														
Thursday	Chicken & Red Pesto Pasta Salad														
	Cheese & Cauliflower Cookie														
	Carrot Batons														
	Melon Slices														
Friday	Free Range Egg Mayonnaise & Cress Wholemeal Roll														
	Speldhurst Pork & Beef Sliced Sausage														
	Cucumber Slices														
	Apricot Yoghurt														

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